

The Smart Way to Feed Horses – Part 1

This webinar fulfills the advanced nutrition requirement for PHCP students.

This two-part webinar series is a great introduction to equine nutrition in practical terms and compliments Dr. Kellon's NRC Plus course.

Part 1 – Growing the Best Possible Hoof

This session will focus on the digestive system, the best feeds for horses and the key nutrients that influence hoof health.

The hoof is required to withstand impact, abrasion, mechanical injury, noxious substances and pathogens but be flexible enough to absorb and divert the shock sustained on it. Hooves have to be rigid as well as elastic and protect the soft, more sensitive tissues inside.

To achieve optimal hoof quality, three aspects can be influenced by our management; hoof care, nutrition and movement. Poor hoof growth, horn brittleness, inflammation, prevalence of infections like seedy toe, and a weak immune system can all have a nutritional component.

Use the [converter](#) to find your local time. Visit the [webinar instruction page](#) for more info.

TYPE Online

WITH Carol Layton

WHEN Jul 22, 2025 - 6:00 pm (EST)

COST \$65, \$110 non-member

CREDITS 6

STATUS Active

RECORDING AVAILABLE for 1 year

All clinics

[Anatomy, Trimming and Hoof Protection – Colorado](#)

[WTF – What the founder? Part 1](#)

[WTF – What the founder? Part 2](#)

[Hands-on Reading Radiographs for the Hoof Care Practitioner](#)

[The Smart Way to Feed Horses – Part 2](#)

[How to Create and Manage Your Track System](#)

[Reading Radiographs for the Hoof Care Practitioner](#)

[Anatomy, Trimming and Hoof Protection – New York](#)

[Documenting Hoof](#)



Part 2 – Laminitis and Myths

Some horses have a life threatening, metabolic condition that causes insulin to rise, triggering the chain of events that result in laminitis. Laminitis will be explained along with causes including the most common dietary cause, insulin resistance.

The aim of the presentation is to educate hoof practitioners so that they can support the owners of these horses and ponies by first explaining what the best and safest feeds are and what the key nutrients are to aid in rehabilitation plus horse management practices. The presentation will cover some related health issues including PPID and look at a number of common myths that confuse horse owners.

[Rehabilitation](#)

[Advanced Anatomy and Radiographs – Colorado](#)

[Anatomy, Trimming and Hoof Protection – California](#)

[Sustaining Your Hoof Care Business](#)

[Anatomy, Trimming and Hoof Protection – Tennessee](#)

[Advanced Anatomy and Radiographs – Tennessee](#)

[Off to a Good Start: Trimming Foals](#)

[Trimming Donkeys: Trimming Protocol, Hoof Distortion, and Laminitis](#)

[Anatomy, Trimming and Hoof](#)

[MANAGE CONSENT of](#)

[Advanced Anatomy and Radiographs – Quebec](#)

[Feeding Performance Horses](#)

[Feeding Pregnant and Growing Horses](#)

[Feeding for Special Needs](#)

[Hyperinsulinemia, Laminitis, and PPID: Diagnosis and Management](#)

[Limb Conformation, Body Posture and Hoof Capsule Distortions](#)

[Collaboration Between Hoof Care Professionals & Equine Bodyworkers](#)

[Dr. Bowker on Sound versus Healthy Hooves](#)

[Changes in Coffin Bone Structure and Influence of Trimming](#)

[Wear Patterns, What They Really Mean!](#)

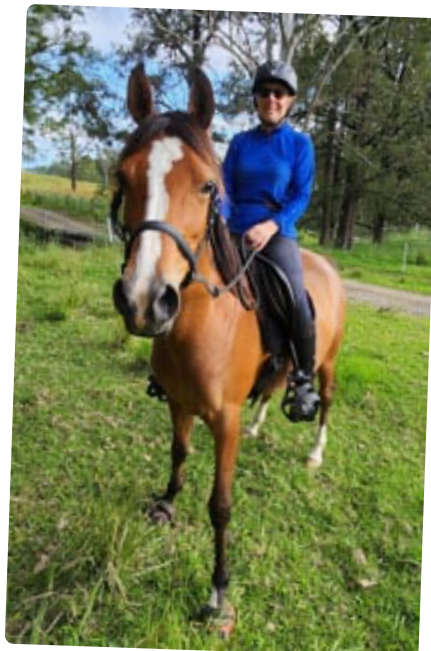
[Starting Your Hoof Care Business](#)

[Dr. Tomas Teskey on the](#)



Carol Layton B.Sc M.Ed of Balanced Equine is an independent equine nutritionist with a science background and a passion for the optimal feeding of horses based on scientific research. In 2008, Carol enrolled in equine nutrition courses provided by Dr Eleanor Kellon VMD and has been a tutor for students in NRC Plus since 2009. Carol is currently a lecturer in Equine Nutrition for the nationally recognized Certificate of Equine Hoof Care Practitioner course (ACEHP) in Australia.

Carol is passionate about teaching and sharing her knowledge of equine nutrition to make it easier and simpler for horse owners. So far she has been a speaker at a number of conferences in Australia, the Functional Hoof conferences in 2011 and 2014 and more recently the 2018 Bowker Conference in Australia. In 2012 Carol presented at the World Hoof Care Conference in Prague, Czech Republic and the Pacific Hoof Care Practitioners Conference in San Diego in 2016, and the 2017 NO Laminitis Conference in



[Equine Dental-Body Connection](#)

[Choosing and Fitting Hoof Boots](#)

[EMS \(IR\) and PPID: Diagnosis and Management](#)

[Paige Poss Explores Hoof Distortions and Hoof Related Pain](#)

[Utilizing Hoof Imaging in your Trimming Decisions](#)

[Equine Biosecurity, It's All About Prevention](#)

[Genetics of Equine Metabolic Syndrome and Laminitis Risk](#)

[Basics of Reading Radiographs](#)

[NRC Plus](#)

[Cushing's and Insulin Resistance](#)

All of our educational offerings are open to the public.

Tucson, Arizona USA.

Carol has had horses most of her life and in the last 19 years has been a keen competitor in endurance riding. Her own endurance horse, Omani Mr Sqiggle was a 2009 Australian National Points and Distance horse. Together they have completed at top levels, including the 400 km marathon, Shahzada, NSW State Championship rides and the national championship, the 160 km Tom Quilty.

*This event is approved for CE credits with the IAPF.



Sign up

Parts 1 and 2 of this webinar are included in the total price.

Upon purchase of the webinar, you will receive the zoom link via your invoice along with an email prior to the live event. Members can access the live webinar Zoom link and the Zoom recording links via their account by logging into the website, clicking on the “Menu” dropdown, and then clicking on “Your Orders”.



\$65.00 – \$110.00



Participant status

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